

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it: and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:



*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

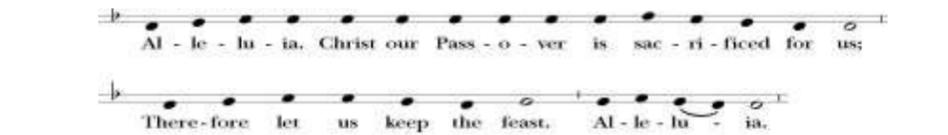
And now, as our Savior Christ has taught us, we are bold to say,

*The Celebrant and People say together*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen

The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept. The Celebrant and People sing*



*The Celebrant continues*

The Gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

*The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.*

Music at Communion

Organ Sonata No. 5 in C major J. S. Bach  
*II. Largo*

Hymn 329 "Now my tongue, the mystery telling" *Pange lingua*

Motet Sicut cervus G. P. da Palestrina

Like as the hart desires the water-brooks, so my soul longs for Thee, O God.

The Sending of Lay Eucharistic Visitors

*Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.*

*Celebrant* In the name of St. John's Cathedral, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

*People* We who are many are one body because we all share one bread, one cup.

The Postcommunion Prayer

*The Celebrant says*

Let us pray.

*The Celebrant and People say together*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

*The Celebrant blesses the people*

In Procession, Hymn 567 "Thine arm, O Lord, in days of old" *St. Matthew*

The Dismissal

Alleluia, alleluia! Let us go forth in the name of Christ.

*People* Thanks be to God. Alleluia, alleluia!

Voluntary Toccata in Seven John Rutter



*The flowers in Cummings Chapel and at the High Altar are given to the glory of God.*

THE HOLY EUCHARIST  
THE THIRD SUNDAY AFTER PENTECOST  
June 5, 2016 - 10:30 a.m.

*A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.*

Voluntary Adagio Henry G. Ley

Introit Laudate Nomen Domini Christopher Tye

O Come, ye servants of the Lord, and praise His Holy Name. From early morn to setting sun, His might on earth proclaim. His laws are just, and glad the heart; He makes His mercies known: ye princes come, ye people too, and bow before His throne.

In Procession, Hymn 391 "Before the Lord's eternal throne" *Winchester New*

*Children age four through fifth grade follow the Cross in procession to Children's Chapel in Cummings Chapel. The children rejoin their families at the Peace.*

THE LITURGY OF THE WORD

*Celebrant* Blessed be our God.

*People* Forever and ever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Collect of the Day

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

*The Celebrant continues*

O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*The People are seated.*

The Lesson Galatians 1:11-24

*Lector* A reading from the letter of Paul to the Galatians.

I want you to know, brothers and sisters, that the gospel that was proclaimed by me is not of human origin; for I did not receive it from a human source, nor was I taught it, but I received it through a revelation of Jesus Christ. You have heard, no doubt, of my earlier life in Judaism. I was violently persecuting the church of God and was trying to destroy it. I advanced in Judaism beyond many among my people of the same age, for I was far more zealous for the traditions of my ancestors. But when God, who had set me apart before I was born and called me through his grace, was pleased to reveal his Son to me, so that I might proclaim him among the Gentiles, I did not confer with any human being, nor did I go up to Jerusalem to those who were already apostles before me, but I went away at once into Arabia, and afterwards I returned to Damascus. Then after three years I did go up to Jerusalem to visit Cephas and stayed with him fifteen days; but I did not see any other apostle except James the Lord's brother. In what I am writing to you, before God, I do not lie! Then I went into the regions of Syria and Cilicia, and I was still unknown by sight to the churches of Judea that are in Christ; they only heard it said, "The one who formerly was persecuting us is now proclaiming the faith he once tried to destroy." And they glorified God because of me.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*A period of silence for reflection follows the reading.*

