

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:



The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

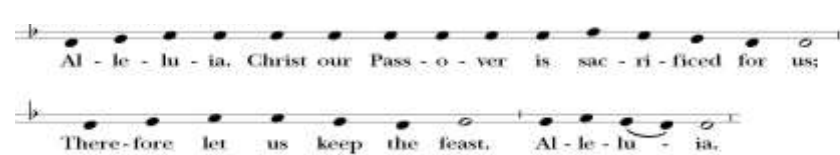
And now, as our Savior Christ has taught us, we are bold to say,

The Celebrant and People say together

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept. The Celebrant and People sing



The Celebrant continues

The Gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.

Music at Communion

Organ Aria Flor Peeters

Hymn 615 “Thy kingdom come!’ on bended knee” St. Flavian

Motet Adoramus te, Christe G. P da Palestrina

CHRIST, we do all adore Thee, and we praise Thee for ever, for on the Holy Cross hast Thou redeemed the world from sin.

The Sending of Lay Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant In the name of St. John’s Cathedral, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s Body and Blood.

People We who are many are one body because we all share one bread, one cup.

The Postcommunion Prayer

The Celebrant says

Let us pray.

The Celebrant and People say together

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant blesses the people

In Procession, Hymn 637 “How firm a foundation” Lyons

The Dismissal

Alleluia, alleluia! Let us go forth in the name of Christ.

People Thanks be to God. Alleluia, alleluia!

Voluntary Festal Flourish Gordon Jacob

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The flowers in Cummings Chapel and at the High Altar are given to the glory of God.

THE HOLY EUCHARIST
THE TENTH SUNDAY AFTER PENTECOST
July 24, 2016 - 10:30 a.m.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We’d love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.

Voluntary Cantabile César Franck

Introit Holy is the true light William H. Harris

Holy is the true light, and passing wonderful, lending radiance to them that endured in the heat of the conflict: from Christ they inherit a home of unfading splendor, wherein they rejoice with gladness evermore, Alleluia.

In Procession, Hymn 410 “Praise, my soul, the King of heaven” *Lauda anima*

Children age four through fifth grade follow the Cross in procession to Children’s Chapel in Cummings Chapel. The children rejoin their families at the Peace.

THE LITURGY OF THE WORD

Celebrant Blessed be our God.

People Forever and ever. Amen.

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

The Celebrant continues

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The People are seated.

The Lesson Colossians 2:6-15

Lector A reading from the letter of Paul to the Colossians.

As you have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

Lector The Word of the Lord.

People Thanks be to God.

A period of silence for reflection follows the reading.

Psalm 138 *choir sings, then all repeat the antiphon below*

Chant: John Goss



I will give thanks unto thee, O Lord, with my whole heart *
 even before the gods will I sing praise unto thee.

I will worship toward thy holy temple, and praise thy Name,
 because of thy loving-kindness and truth *
 for thou hast magnified thy Name, and thy Word, above all things.

When I called upon thee, thou heardest me *
 and enduedst my soul with much strength.

All the kings of the earth shall praise thee, O Lord *
 for they have heard the words of thy mouth. [Antiphon]

Yea, they shall sing in the ways of the Lord *
 that great is the glory of the Lord.

For though the Lord be high, yet hath he respect unto the lowly *
 as for the proud, he beholdeth them afar off.

Though I walk in the midst of trouble, yet shalt thou refresh me *
 thou shalt stretch forth thy hand upon the furiousness of mine enemies,
 and thy right hand shall save me.

The Lord shall make good his loving-kindness toward me *
 yea, thy mercy, O Lord, endureth for ever;
 despise not then the works of thine own hands. [Antiphon]

A period of silence for reflection follows.

The People stand.

Hymn 709 “O God of Bethel, by whose hand” *Dundee*

The Gospel Luke 11:1-13

Gospeler The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say: Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial." And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

Gospeler The Gospel of the Lord.
People Praise to you, Lord Christ.

The People are seated.

The Sermon The Reverend Teresa Ryan Seagle

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

All remain standing as able. The Leader and People pray responsively.

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world,
 especially those in the Middle East and Africa;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence. The People may add their own petitions.

The Celebrant concludes the prayers.

The Confession of Sin

The People kneel. The Celebrant says

Let us confess our sins against God and our neighbor.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant continues

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The People stand.

Celebrant The peace of the Lord be always with you.
People And also with you.

The Clergy and People greet each other in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People.

Offertory Anthem Jesu, grant me this I pray C. H. Kitson

Jesu, grant me this, I pray, ever in thy heart to stay;
 let me evermore abide hidden in thy wounded side.

If the evil one prepare, or the world, a tempting snare,
 I am safe when I abide in thy heart and wounded side.

If the flesh, more dangerous still, tempt my soul to deeds of ill,
 naught I fear when I abide in thy heart and wounded side.

Death will come one day to me; Jesu, cast me not from thee:
 dying let me still abide in thy heart and wounded side.

Representatives of the congregation bring forward the People's offerings of bread and wine, money, and other gifts. The People stand when the offerings are brought forward and placed on the Altar.

Hymn 51 vs. 1 & 2 “We the Lord’s People” *Decatur Place*

The Great Thanksgiving Eucharistic Prayer A, BCP 361

The People stand.

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Celebrant and People sing

Sanctus Hymnal S-125 Richard Proulx

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The People stand or kneel. The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.