

Therefore we proclaim the mystery of faith:

The Celebrant and People say

Christ has died.
Christ is risen.
Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and people

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us.
People Therefore let us keep the feast. Alleluia.

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing.

The Sending of Lay Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant **In the name of St. John's Cathedral I send you forth bearing these** holy gifts, that those to whom you go may share with us in the **communion of Christ's Body and Blood.**
People We who are many are one body because we all share one bread, one cup.

The Postcommunion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 556 "Rejoice, ye pure in heart" *Marion*

The Dismissal

People Alleluia, alleluia! Let us go forth in the name of Christ.
Thanks be to God. Alleluia, alleluia!

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The flowers in Cummings Chapel are given to the glory of God, and in loving memory of Betty Griffin, by Sharon and Geoff Weimer.

The flowers at the High Altar are given to the glory of God, and in loving memory of Kathy Cross, by Michael Ranne and Julia Suddath.

THE HOLY EUCHARIST THE THIRTEENTH SUNDAY AFTER PENTECOST August 14, 2016 - 8 a.m.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We would love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.

Hymn 552 "Fight the good fight with all thy might" *Pentecost*

THE LITURGY OF THE WORD

Celebrant Blessed be our God.
People Forever and ever. Amen.

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Celebrant and the People say together

The Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

The Celebrant continues

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The People are seated.

The Lesson Hebrews 11:29-12:2

Lector A reading from the Letter to the Hebrews.

By faith the people passed through the Red Sea as if it were dry land, but when the Egyptians attempted to do so they were drowned. By faith the walls of Jericho fell after they had been encircled for seven days. By faith Rahab the prostitute did not perish with those who were disobedient, because she had received the spies in peace. And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented-- of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground. Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run

