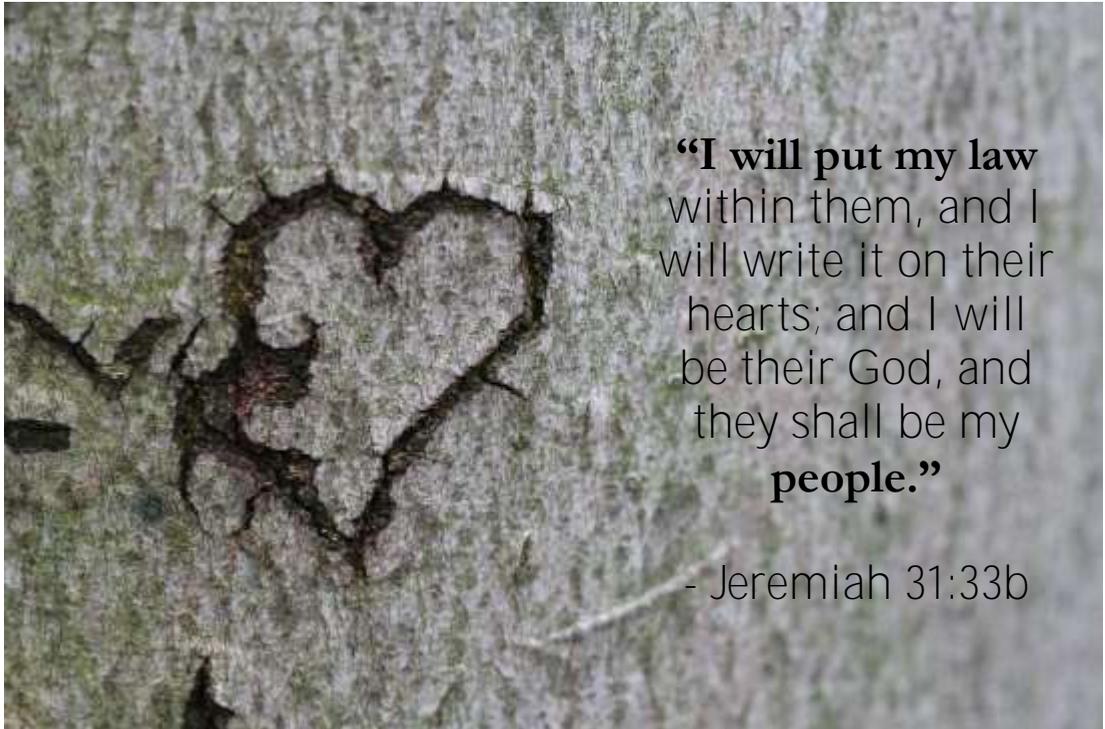


Welcome to **St. John's Cathedral**



**“I will put my law
within them, and I
will write it on their
hearts; and I will
be their God, and
they shall be my
people.”**

- Jeremiah 31:33b

October 16, 2016 - 8 a.m.
The Twenty-Second Sunday after Pentecost

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

We worship God in the heart of the city. We are surrounded by the poor in an area of town that is often neglected. In his life, Jesus often ministered to the poor and needy, and we believe that by worshipping **God in the urban core, we can catch a glimpse of God's love.**

We welcome all people. Our nursery is open all morning on Sundays. We would love to get to know you better, and you can help us by filling out a visitor card located in your pew and placing it in the offering plate as it comes by, or by handing it to an usher. Please let us know if you need prayers and if you would like us to email you our online newsletter. Listening devices are always available for the hearing impaired and large-print bulletins for those who have trouble with their eyesight. Please ask an usher if you need these items or anything else. We want to help you feel at home here.

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. **I hope that you feel God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,
Dean

HOW MUSIC HELPS US GROW IN OUR CHRISTIAN LIFE

From the inception of creation, "when the morning stars sang together and all the heavenly beings shouted for joy" (Job 38:7), to its consummation, when "every creature in heaven and on earth and under the earth and in the sea, and all that is in them" will sing to the Lamb on the throne (Rev. 5:13), creation is musical. Music can be one of our most powerful gateways to grow in our connection with God and each other. On both the individual and collective levels, music is a medium which can transport us beyond the limits of our intellect and physical body to a higher level of relationship with God and with one another.



Tim Tuller, Canon for Music

Much research has been conducted in recent years revealing how beneficial musical training can be on the physical development of the human brain, particularly in childhood, but in adults as well. Whether taught in or outside of school, musical training helps students excel by improving language development, IQ, spatial intelligence, and many other critical functions. Musical training has been shown to help students excel in math and science. Early music lessons have even been shown to encourage brain plasticity — **the brain's capacity to change and grow**. Music has also been proven to reduce stress and aid in the recovery of the sick.



Probably the most fundamental way in which music helps us to grow towards God in our life together as Christians is in congregational song – hymns, Psalms, and sacred music in which the entire congregation participates. When we raise our voices in harmony with others in worship, we praise God and edify our spirits in a unique way. We participate through listening to choral and instrumental pieces in worship as well, to be certain, but at the end of the day, the ultimate role of professional or volunteer choirs and musicians should always be to aid the whole people of God in lifting their voices as one in praise of the Creator.

Martin Luther said, "Beautiful music is the art of the prophets that can calm the agitations of the soul; it is one of the most magnificent and delightful presents God has given us." St. John's Cathedral is blessed to have a congregation with a long tradition of embodying those words. May we continue to grow together making a joyful noise unto the Lord!

Please join us for two wonderful musical offerings coming up at St. John's Cathedral. This Sunday, October 16 at 5 p.m., we welcome the Civic Orchestra of Jacksonville. This is our city's new all-volunteer orchestra. Their focus is on collaborating with musicians, composers, dancers and visual artists to create superb and original programming.

Next Sunday, October 23 at 5 p.m., we will host the First Coast Wind Symphony, a 60-member community music organization, who will perform a variety of pieces for organ and wind instruments.

Both of these musical events are free and open to the public!

THE HOLY EUCHARIST

Hymn 423

“Immortal, invisible, God only wise”

St. Denio

THE LITURGY OF THE WORD

Celebrant Blessed be our God.
People Forever and ever. Amen.

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Celebrant and the People say together

The Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

The Celebrant continues

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The People are seated.

The Lesson

Jeremiah 31:27-34

Lector A Reading from the Book of Jeremiah.

The days are surely coming, says the Lord, when I will sow the house of Israel and the house of Judah with the seed of humans and the seed of animals. And just as I have watched over them to pluck up and break down, to overthrow, destroy, and bring evil, so I will watch over them to build and to plant, says the Lord. In those days they shall no longer say: "The parents have eaten sour grapes, and the children's teeth are set on edge." But all shall die for their own sins; the teeth of everyone who eats sour grapes shall be set on edge. The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt-- a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days,

says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Lector The Word of the Lord.
People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 119:97-104

Oh, how I love your law! *
all the day long it is in my mind.

Your commandment has made me wiser than my enemies, *
and it is always with me.

I have more understanding than all my teachers, *
for your decrees are my study.

I am wiser than the elders, *
because I observe your commandments.

I restrain my feet from every evil way, *
that I may keep your word.

I do not shrink from your judgments, *
because you yourself have taught me.

How sweet are your words to my taste! *
they are sweeter than honey to my mouth.

Through your commandments I gain understanding; *
therefore I hate every lying way.

A period of silence for reflection follows the reading.

The People stand.

The Gospel

Luke 18:1-8

Gospeler The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

Jesus told his disciples a parable about their need to pray always and not to lose heart. He said, "In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, 'Grant me justice against my opponent.' For a while he refused; but later he said to himself, 'Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.'" And the Lord said, "Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And

yet, when the Son of Man comes, will he find faith on earth?"

Gospeler The Gospel of the Lord.
People Praise to you, Lord Christ.

The People are seated.

The Sermon

The Reverend Canon David Erickson

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

All remain standing as able.

Let us pray for the needs of the world.

For peace and justice on the earth, for the leaders of all nations, and for understanding among all races and peoples.

Lord, in your mercy, *Help us to grow in your grace.*

For the people of this nation as we approach the election of a new president. Guide and strengthen this country in its discernment.

Lord, in your mercy, *Help us to grow in your wisdom.*

For those who are ill, lonely, or suffering in any way.

Lord, in your mercy, *Help us to grow in your compassion.*

For those who have died, that they may have a place in your eternal kingdom.

Lord, in your mercy, *Help us to grow in your communion of saints.*

For the special needs and concerns of this congregation.

Lord, in your mercy, *Help us to grow in your love for all.*

The Celebrant concludes the prayers

The Confession of Sin

The People kneel. The Celebrant says

Let us confess our sins against God and our neighbor.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant continues

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The People stand.

Celebrant The peace of the Lord be always with you.
People And also with you.

The Clergy and People greet one another in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

Representatives of the congregation bring forward the People's offerings of money, and other gifts. The People stand when the offerings are brought forward and placed on the Altar.

Hymn 51, stanzas 1 & 2

“We the Lord’s People”

Decatur Place

The Great Thanksgiving

Eucharistic Prayer C

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

The Peoples's responses are in italics. The Celebrant continues

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Celebrant and People say

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel. The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, **“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”**

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

The Celebrant and People say

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us.
People Therefore let us keep the feast. Alleluia.

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

Please join us at God's table.

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing.
If you would like a blessing, please fold your arms across your chest.*

The Postcommunion Prayer

The Celebrant says

Let us pray.

The Celebrant and People say together

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 563

“Go forward, Christian soldier”

Lancashire

The Dismissal

People Alleluia, alleluia! Let us go forth in the name of Christ.
Thanks be to God. Alleluia, alleluia!

+ + +

*The flowers in Cummings Chapel and at the High Altar are given to the glory of God,
in loving memory of Bill Maurer, by Judy Maurer,
and in loving memory of Jim Altman, by Nancy Altman.*

THIS SUNDAY AT THE CATHEDRAL

SUNDAY, OCT. 16

► **Holy Eucharist**

8 a.m. Cummings Chapel

► **Holy Eucharist**

9 a.m. Cathedral

► **Christian Formation for all ages**

All Christian Formation classes meet at 10 a.m.

Children's Formation

Pre-K to Kindergarten - Room 5, Basement

1st - 3rd grades - Room 202, 2nd floor

Tweens Formation

4th - 5th grades - Room 302, 3rd floor

Youth Formation

6th - 8th grades - Undercroft

9th - 12th grades - Room 304, 3rd floor

Adult Formation

Centering Prayer - Room 306, 3rd floor

This is a time in community to experience centering prayer as well as explore appropriate readings and reflections. All are invited.

Grow: Living into the Fullness of God -
Taliaferro Hall

In this series, we will be exploring the many opportunities the cathedral offers to us to grow into our true selves, as well as how we, as a community, are growing into our call as the body of Christ.

► **Holy Eucharist**

11 a.m. Cathedral

► **Baby Shower**

12 p.m. Taliaferro Hall

Baby Jeffrey was born not long ago to parents Jennifer and Johnson Solomon, who are brand new parishioners of St. John's Cathedral from India. As they are such new parishioners far from home, let's welcome this family into the fold!

► **Civic Orchestra of Jacksonville Concert**

5 p.m. Cathedral

► **Birthday Blessings**

Sunday, October 16

Ansley Blakely

Monday, October 17

Bob Hill, Victoria Ferber, Jamie Petteway

Tuesday, October 18

John Hunt, Malloy Haley, Noah Green

Wednesday, October 19

Susan Dobson, Kathryn Wallis, Lauren Doran,
Michael Pignotti, Jillian Berrey, Collin Lingaitis,
Clara Erstling

Thursday, October 20

Deborah Jackson, Mildred Dana, Leda Carlson,
Mary Mashour, Kathryn Bissette

Friday, October 21

Perry Smith, Alexander Wucker

Saturday, October 22

Bill Parrish, Kathryn Strayer, David Avery,
Candy Holloway, Kacey Roache, Charlie Baker,
Forrest Andrews, Andrew McGraw,
Caitlyn Scheider

ANNOUNCEMENT

► **St. Mary's Bag-a-month Club** - October Items

Donate to those in need at St. Mary's! The theme for October is coats and devotional materials. Pick up a marked brown bag this Sunday and fill it with new or gently used coats, sweaters, Bibles, devotional books, etc. Bring your bag back before the last Sunday of the month.

THIS WEEK AT THE CATHEDRAL

MONDAY, OCT. 17

▶ **Friends of Bill W.**

5:30 p.m. Ingram Lounge

TUESDAY, OCT. 18

▶ **Holy Eucharist**

12:10 p.m. Cummings Chapel

▶ **Yoga**

5:45 p.m. Cummings Chapel

▶ **EFM (Education for Ministry)**

7 p.m. Ingram Lounge

WEDNESDAY, OCT. 19

▶ **Holy Eucharist**

7 a.m. Holy Communion Chapel

12:10 p.m. Cummings Chapel

▶ **Wonderful Wednesday Dinner**

5 – 5:30 p.m. Taliaferro Hall

Dinner cost: \$5 per adult, \$3 per child under 12

▶ **Chorister Rehearsal**

5:30 p.m. Choir Room

▶ **Discovery**

5:45 p.m. Taliaferro Hall, with dinner at 6 p.m.
If you are looking to engage further with your St. John's Cathedral family and the ministries that we share, join us for this excellent series.

▶ **Art Class**

6 p.m. Painting Place, Basement
Fr. Lou Towson and the Rev. Jean Dodd lead this fun class. No experience necessary. Basic materials are provided, though participants are encouraged to bring their own materials.

▶ **Youth Group**

6:30 p.m. Undercroft

▶ **Choir Rehearsal**

7:30 p.m. Choir Room

THURSDAY, OCT. 20

▶ **Shakespeare Reading Group**

9:30 a.m. Ingram Lounge

The group is currently reading *King Lear*. For more information about the Shakespeare Reading Group at the cathedral, contact Peter McCranie at petermccranie1@gmail.com.

▶ **Lectionary Bible Study**

12 p.m. Ingram Lounge

▶ **Holy Eucharist**

12:10 p.m. Cummings Chapel

▶ **Celebration Singers Rehearsal**

5:30 p.m. Ascension Chapel

▶ **Vestry Meeting**

6 p.m. Ingram Lounge

FRIDAY, OCT. 21

▶ **Poetry Reading Group**

9:30 a.m. Ingram Lounge

For the first hour, the group will read from the selected source material, which will include works from Emily Dickinson, Robert Frost and more. The second hour will be reserved for reading participants' own poetry. Contact Peter McCranie at petermccranie1@gmail.com if you are interested in participating in this group in any way!

▶ **Clara's at the Cathedral**

11 a.m. Taliaferro Hall

▶ **Contemplative Holy Eucharist**

12:10 p.m. Cummings Chapel

SATURDAY, OCT. 22

▶ **Quiet Garden Morning**

9:30 a.m. Ingram Lounge

Parishioner Gregory Curry will lead participants in meditational breathing and songs, accompanied by Japanese flute.

▶ **11th Step Meditation Group**

9:30 a.m. Room 306

NEXT SUNDAY AT THE CATHEDRAL

SUNDAY, OCT. 23

► See Sunday service times and Christian Formation offerings on page 10 of the bulletin.

► **First Coast Wind Symphony Concert**

5 p.m. Cathedral

UPCOMING EVENTS

► **Civil Discourse: Practicing God's Grace in Community**

Tuesday, Oct. 25, and Thursday, Nov. 3, 5:30 p.m. in Ingram Lounge

All are invited to participate in these next two Cathedral Civil Discourse forums. The subject for the forum on October 25 is *Climate Choices: How Should We Meet the Challenges of a Warming Planet?* On November 3, the topic for the forum is *Gender-based Violence: What Steps Should the Church Take?* Please RSVP to Tina Hutcheson (thutcheson@jaxcathedral.org). A hard copy of the issue books for each of the forums will be available soon for those who sign up to participate in the forums. Electronic copies are also available. For more information contact Rev. Gregg Kaufman, gkaufman8@mac.com or 904-375-0669.

► **Next Date for Baptism: All Saints Sunday, November 6**

If you, your child or someone you know would like to receive the sacrament of baptism on All Saints Sunday, please contact Kym Johnson at kjohnson@jaxcathedral.org before Thursday, October 27! The baptism rehearsal will be Saturday, November 5 at 10 a.m. in the cathedral.

Please remember that All Saints Sunday is also the end of Daylight Saving Time, so don't forget to set your clocks back one hour!

ST. JOHN'S CATHEDRAL

256 East Church Street

Jacksonville, Florida 32202

(904) 356-5507 - www.jaxcathedral.org

Office Hours: Monday-Thursday 8 a.m. - 4 p.m.

and Friday 8 a.m. - 3 p.m.

You can now watch our 11 a.m. service live on our website!

Just click the Live Broadcast link on the homepage.

Forgot your checkbook or cash? Text the dollar amount of your gift to
904-584-3116. (Example: \$20)