

Cathedral Announcements

St. Mary's Bag-a-month Club - August Items

Donate to those in need at St. Mary's! The theme for August is shoes, socks and underwear. Pick up a marked brown bag this Sunday and fill it with new socks, underwear or shoes. Bring your bag back before the last Sunday of the month.

Cursillistas: Area Ultreya TODAY

The next Area Ultreya will be held at Church of the Redeemer on Southside Blvd. at 4 p.m. this Sunday, August 21. Please bring a covered dish to share!

Volunteer for Family Promise

St. John's Cathedral will host homeless families in our Sunday School classrooms from Sunday, September 4 - Sunday, September 11 from dinnertime through breakfast. We need volunteers to cook dinner, sleep in Ingram Lounge at night, prepare bagged lunches and shop for groceries. *Thank you to everyone who has volunteered so far! We still need a few more volunteers to spend the night with our guests.* To volunteer contact Gloria Miller at glo.miller@live.com.



Coming this fall: Discovery Wednesdays

The cathedral's in-house retreat, Discovery Weekend, has been updated and re-formatted this year into an 8-week series of dinners and discussions that will take place in Taliaferro Hall on Wednesday evenings from 6 to 8 p.m., beginning September 28 and running through November 16.

Discovery is offered at no cost, and includes dinner and child care. If you are looking to engage further with your St. John's Cathedral family and the ministries that we share, join us for this excellent series.

We're excited, and hope you are too! Look for more details in the coming weeks and check out our table presentation on Rally Day, Sunday, August 28. Sign-up forms will be available soon!

Interested in joining a Poetry Reading Group?

Members of the Shakespeare Reading Group have started a Poetry Reading Group that will meet on Fridays from 9:30-11:30 a.m. in Ingram Lounge (and sometimes elsewhere). For the first hour, the group will read from the selected source material, which will include works from Emily Dickinson, Robert Frost and more. The second hour will be reserved for reading participants' own poetry. Contact Peter McCranie at petermccranie1@gmail.com if you are interested in participating in this group in any way!

Collecting Cards and Calendars for Prisoners

In the past members of St. John's Cathedral have collected Christmas cards and calendars for prisoners beginning in late October. The Christmas cards collected are part of the Diocesan Prison Ministry. The calendars are also given to prison chaplains to provide to various inmates. Calendars and general purpose cards from various charities have already begun to arrive in our mail, so we would like to officially begin our collection now and continue the collection until the end of November (the first week in Advent). Last year we more than doubled any earlier card collection provided by the cathedral. A marked basket will be available each Sunday as you enter the church doors. Your donations are much appreciated, as these cards and calendars allow prisoners to keep in touch with loved ones.

You can now watch our 10:30 a.m. service live on YouTube!
Just click the Live Broadcast link on our website.

ST. JOHN'S CATHEDRAL

256 East Church Street
Jacksonville, Florida 32202
(904) 356-5507 - www.jaxcathedral.org

The Right Reverend Samuel Johnson Howard
Bishop of the Episcopal Diocese of Florida

The Right Reverend Charles L. Keyser
and The Right Reverend Dorsey F. Henderson
Assisting Bishops of the Episcopal Diocese of Florida

CATHEDRAL CLERGY

The Very Reverend Katherine B. Moorehead, Dean
The Reverend Canon David Erickson, Canon for Congregational Development
The Reverend Raja Zabaneh, Chaplain to the Cathedral Residences
The Reverend Teresa Ryan Seagle, Adjunct Priest Associate and ESJ Chaplain
The Reverend Louis A. Towson, Priest Associate
The Reverend Jean C. Dodd, Deacon, Children and Families
The Reverend Bennett B. Clance, Deacon, Prison Ministries
The Reverend Louise O. Hardman, Deacon

STAFF

Meredith Cataland, Bursar
Tim Engemann, Facilities Manager
Tina Hutcheson, Executive Assistant to Clergy and Office Manager
Helen A. Likins, Communications Coordinator
Judy Maurer, Cathedral Receptionist
Gloria Miller, Director of Program Development
Devanne Jones, Youth Activities Coordinator
Kathryn Bissette, Bookstore Manager
Timothy Tuller, Canon for Music
Pam Searcy, Children's Music Director
John Barry, Canon Emeritus for Music
Marie Tarver, Anice Brown, Debbie Scroggins, Malcolm Williams,
Freddie Jackson & "L.A." Winston, Sextons

VESTRY

John Adams	Robert Hyde
Kirk Altman	Don Lester, Junior Warden
Deborah Baker	Ginny Myrick
Steve Busey, Chancellor	Joe O'Shields
Martha Cox	Lindsey Riggs
Tommy Donahoo	Charles Winney, Treasurer
Bill Erwin, Senior Warden	Faye Wisner
Bill Fouraker	

+Prayers of the People+

The Church, especially for the Church in South America, for John, our bishop, for Charles and Dorsey, our assisting bishops, for Michael, our presiding bishop, for Justin, Archbishop of Canterbury, for all ministers, and for the mission of the church.

For all those who have died, especially Richard McKinley Jarvis, Jr. and Wayne Parrish.

In thanksgiving for all that is gracious in our lives, especially for the birth of Jeffrey Solomon. (To see our full prayer list, please pick up a copy at the back of the church.)

Forgot your checkbook or cash? Text the dollar amount of your gift to 904-584-3116. (Example: \$20)

WELCOME TO

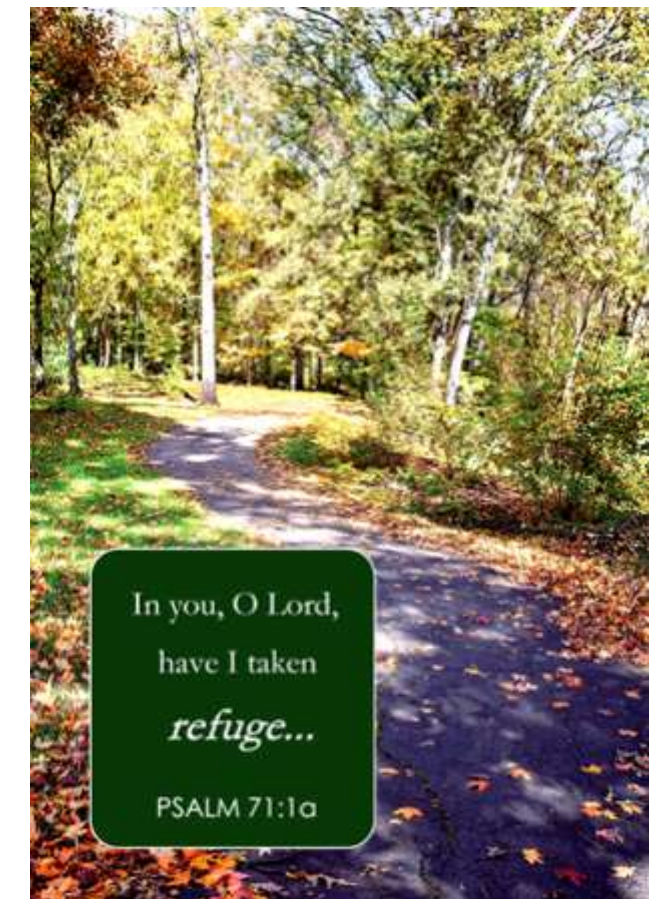
ST. JOHN'S CATHEDRAL

EPISCOPAL DIOCESE OF FLORIDA, JACKSONVILLE

256 East Church Street, Jacksonville, FL 32202

The Fourteenth Sunday after Pentecost

August 21, 2016



In you, O Lord,
have I taken
refuge...
PSALM 71:1a

To all who enter here—to those who are weary and need rest,
who mourn and need comfort, who sin and need a Savior,
who rejoice and wish to praise, who are blessed and wish to serve—
this Church opens wide the door and says in the name of our Lord
Jesus Christ, WELCOME.

Love at the Core

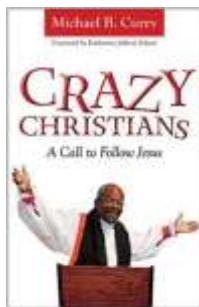
THIS WEEK AT THE CATHEDRAL

Sunday, Aug. 21	The Fourteenth Sunday after Pentecost
8 a.m.	Holy Eucharist - Cathedral
9 a.m.	Breakfast is served - Taliaferro Hall
10:30 a.m.	Holy Eucharist w/baptisms - Cathedral
Noon	Verger Meeting - Ingram Lounge
Monday, Aug. 22	
5:30 p.m.	Friends of Bill W. - Ingram Lounge
7 p.m.	Boy Scout Meeting - Taliaferro Hall
Tuesday, Aug. 23	
12:10 p.m.	Holy Eucharist - Cummings Chapel
5:45 p.m.	Yoga - Cummings Chapel
Wednesday, Aug. 24	
7 a.m.	Holy Eucharist - Holy Communion Chapel
12:10 p.m.	Holy Eucharist - Cummings Chapel
Thursday, Aug. 25	
9:30 a.m.	Shakespeare Reading Group - Ingram Lounge
12:10 p.m.	Holy Eucharist - Cummings Chapel
Friday, Aug. 26	
9:30 a.m.	Poetry Reading Group - Ingram Lounge
11 a.m.	Clara's at the Cathedral - Taliaferro Hall
12:10 p.m.	Contemplative Holy Eucharist - Cummings Chapel
5 p.m.	Stations of the Cross - Cummings Chapel
Saturday, Aug. 27	Rally Day set up day
9:30 a.m.	11th Step Meditation - Room 306
Sunday, Aug. 28	The Fifteenth Sunday after Pentecost - RALLY DAY
8 a.m.	Holy Eucharist - Cathedral
9 a.m.	Rally Day festivities begin
10:30 a.m.	Holy Eucharist - Cathedral
Noon	Rally Day festivities continue

Wonderful Wednesdays return August 31!

All are encouraged to attend our first Wonderful Wednesday dinner of the fall season starting at 5 p.m. on Wednesday, August 31. Children are welcome to try out our newly enhanced chorister program from 5:30 p.m. to 6:30 p.m. Adult offerings begin at 6 p.m., and more details on adult classes during the fall will be announced. For our first Wednesday back, at 6:30 p.m., all students will be invited into the main sanctuary to have their backpacks and/or lunch boxes blessed at the communion rail. All teens, starting with 6th graders, are welcome to stay and attend Youth Group following the backpack blessing. For more information on the choristers and other children's programs and activities, contact Pam Searcy at (904) 608-7259 or pamelasearcy58@gmail.com.

Bookstore Specials



Come visit our bookstore next to the reception area before and after Sunday services. You can also shop on weekdays. Hours of operation depend on bookstore volunteer availability. We have new affordable jewelry from the Atlanta Gift Mart and lots of great books and gift items marked down on our clearance cart. We also have plenty of Presiding Bishop Curry's book, *Crazy Christians*, for the cathedral's upcoming Wednesday night class for adults starting August 31 at 6 p.m. in Ingram Lounge.

Cathedral Announcements

NEW OR VISITING? WELCOME!

We'd like to know who you are! Please fill out a Visitor's Card found in your pew and place it in the offering plate or hand it to an usher. After the 8 a.m. service, please join us for breakfast and fellowship in Taliaferro Hall. After the 10:30 a.m. service, please join us for coffee and fellowship in Taliaferro Hall. Assistive Listening Devices are available to enhance worship services for the hearing-impaired. A large-print edition of our service bulletin is also available. Nursery care is available during Sunday services. Office hours are Monday-Thursday, 8 a.m. to 4 p.m. and Friday 8 a.m. to 3 p.m. If you have any questions, please call us at 904-356-5507 or check out www.jaxcathedral.org.



"Unshackling Shame": A Special Retreat Coming Soon

What do canoes, silence, volleyball, prayer, hiking, worship and play have in common? These describe some elements of a special spirituality retreat at Camp Weed to be held September 8-11. The retreat is an ecumenical offering open to all.

Beginning the first day, Thursday, September 8, (registration is at 3 p.m.) the retreat kicks off around a music and wine mixer followed by a generous dinner buffet. After the buffet, Dean Kate Moorehead will offer the first presentation for the retreat. This talk will commence the retreat's theme, "Unshackling Shame: The Intersection of Spiritual and Mental Health." In addition to Dean Kate, internationally acclaimed artist Dr. He Qi will also act as a retreat facilitator, inviting participants into a spiritually enhanced immersion into his artwork. The following days include more presentations and time for group discussion and fun activities. The retreat will close with a Sunday morning Eucharist at Mandi's Chapel.

To register, please visit the following website:
http://allianceofbaptists.org/NewsAndEvents/event_detail/1033

For more information, please contact Reverend Dr. Ken Meyers at kenneth@allianceofbaptists.org.

If you can't make it to the retreat, join us at the cathedral for an evening with Dr. He Qi on Wednesday, September 7 at 6 p.m. in Taliaferro Hall. Dinner will be at 5 p.m. Dr. Qi will give a special presentation on his art as part of our Wonderful Wednesday programs.

Stations of the Cross Service this Friday

All are invited to a service of the Stations of the Cross in Cummings Chapel at 5 p.m. every fourth Friday of the month, except in November and December. Join us for this month's offering of the Stations of the Cross on Friday, August 26 at 5 p.m. in Cummings Chapel.

BIRTHDAY BLESSINGS

Sunday, August 21
Edith Andersen, Betty Williamson,
Darin Moore, Connor Scheider

Monday, August 22
Jackie DeWitt, Joe O'Shields,
Michelle Cronin, Mitchell Donahoo

Tuesday, August 23
Deborah Dixon, Meghan Purcell

Wednesday, August 24
Tom Martin, Benjamin Montemayor,
Ryder Coleman, Jonathan Erickson

Thursday, August 25
Ian Stern, Emily Cumiskey

Friday, August 26
Marcia Dooly, Cheryl Lewis-Cook,
Austin Dozier

Saturday, August 27
Lily Attalah, Daniel Sherer

Cathedral Announcements

Pray behind the wheel and be safe, not right

Dear Friends,

As you may remember, I am calling my sabbatical experience *Nurse, Drive, Swim* (like the book *Eat, Pray, Love*) and this article is about the second month of my sabbatical.

Once JD was able to drive to work, I left home for two and a half weeks. This was the longest period that I had ever left JD. During that time, I drove all over the country. My oldest son, Luke, will be a high school senior this fall, so it was time to look at colleges. My youngest son Max decided to come along as well. We looked at everything from large universities to small colleges all across the South and the Midwest. Through this experience, Luke was able to get some clarity on his choices.

Overall, I was impressed with the quality of education that our country's universities offer. While traveling, we stayed with friends and relatives, and I also got to officiate at the wedding of our former cathedral intern Ashley Petty (now Ashley Mather). The wedding was at my former parish in Wichita, Kansas. After seven years away, returning to St. James was like a great reunion. I saw so many people who I love!

As for all the driving, being in the car for days on end with two boys was eye-opening for all of us. We were enclosed in such a small space we got sick of each other. I even got sick of myself! We had moments where we wanted to bite each other's heads off, and moments where we just laughed or listened to music. Time in these close quarters reminded me that human beings sometimes just bump into each other. We all have quirks.

I also learned that sometimes driving itself can be a great spiritual challenge. People can be so aggressive on the road. What do we do when someone cuts us off? How do we stay calm when someone honks unreasonably or does something dangerous? All that driving challenged my prayer life! I tried breathing deeply, certain exercises to stay awake and focused, music, opening the windows, etc. I often repeated to myself the words that I tell our teens when they get their licenses: *it is better to be safe than to be right*.

We arrived home safely, thanks be to God, and I now have a stronger prayer life behind the wheel. I hope you pray there too.

With love in Christ,
Kate+



The Very Reverend
Kate Moorehead,
Dean



Rally Day - Get ready to blast off into fall!

Rally Day is approaching at warp speed on Sunday, August 28! This year's theme is "There's a space for you at St. John's." Ministries are reserving table space and gearing up to encourage new membership. We are trying to accommodate all of the ministries in

Taliaferro Hall, and the deadline to sign up for table space is Tuesday, August 23! Ministries should check the hallway by Fr. David's office for their trifold boards. Please update your display to reflect changes in your ministry.

A barbeque lunch will be provided under a tent on Shields Place, behind the cathedral. To cover the cost of the food, a donation of \$7 per plate is requested. The bouncy-houses and carnival games will also be on Shields Place. Volunteers are needed to monitor the bouncy-houses and other activities. If you would like to volunteer, please contact Devanne Jones at djones@jaxcathedral.org or Tina Hutcheson at thutcheson@jaxcathedral.org.

At noon there will be a prize drawing. To enter, you must fill out a ministry questionnaire, which will be handed out after the 10:30 a.m. service, and drop it in the box by the stage. The grand-prize this year is a drone with a built-in real-time camera!